

# Noninvasive Prenatal (Cell-Free DNA) Testing for Aneuploidy for ARUP Employees/Spouses/Dependents

ARUP's noninvasive prenatal aneuploidy screening, also referred to as cell-free DNA screening, is a standard-of-care test that can provide information about your baby's risk of a chromosome disorder. Testing is generally completed within the first trimester of pregnancy.

**This cell-free DNA test is offered at no cost to ARUP employees/spouses/dependents:**

**Non-Invasive Aneuploidy Screen by cell-free DNA Sequencing (test 3003043)**

Testing can be ordered by your obstetrician and does not require an appointment with a genetic counselor or approval by the ARUP Family Health Clinic (FHC) medical director. **To complete testing through the FHC, please do the following:**

1. Talk with your provider about whether the test may be helpful to you.
2. Ensure you meet the two criteria for the test:
  - a. You are pregnant with one baby (this test is not used for twins, triplets, etc.).
  - b. Your pregnancy is at least 10 weeks along.
3. Have your provider complete the Patient History Form, available at: <http://ltd-auth.aruplab.com/Tests/Pdf/72>.
4. Obtain a signed order for testing. If your provider is with University of Utah Health, the order can be submitted electronically.
5. Call the FHC Lab at 801-584-5144 to schedule a lab appointment.

## **Additional guidance for laboratory testing at the FHC Lab:**

**No-Charge Lab Testing Benefit:** Standard-of-care laboratory testing on specimens collected at the ARUP FHC Lab and performed entirely at ARUP is free of charge as part of the benefits offered to ARUP employees, spouses, and their dependents. There are limitations on genetic testing, as outlined below.

**In-House (ARUP) Testing Only:** Specimens for laboratory testing processed and/or performed at a non-ARUP laboratory may not be collected at the FHC Lab. Any non-ARUP testing should be directed by your provider and either billed to insurance or paid for out of pocket.

**Genetic Testing:** Genetic testing that is not considered standard of care may not qualify for the no-charge lab testing benefit, even if the testing is performed entirely at ARUP. To be considered for no-charge genetic testing, a test requisition and associated records/letter from the ordering specialist should be submitted to the FHC Lab. The submission will be reviewed by a medical director, and you will be notified of the decision within 10 business days. If testing is not approved to be performed through the FHC Lab, you may contact your insurance provider for details regarding where you can have the testing performed and if it will be covered by your insurance benefit.



Family Health Clinic