

A nonprofit enterprise of the University of Utah and its Department of Pathology



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## ALZHEIMER'S DISEASE (AD) MARKERS, CSF (TEST #3017653)

## **Cerebrospinal Fluid (CSF) Specimen Collection Instructions**

<b>Step 1</b> Perform lumbar puncture using the gravity drip collection method.	Step 2 Do not use the first 2 mL of CSF for AD biomarker measurement.	<b>Step 3</b> Collect at least 2 mL of CSF directly into CSF AD biomarker tube.	Do not process the CSF sample before transport (e.g., no mixing/inverting, no aliquoting, no centrifugation).	<b>Step 4</b> Ship frozen or refrigerated.
		2.5 g at least 2.0 mL 2.5 mL low bind false bottom tube		