

Everyday Butter Lettuce Salad

Instructions

1. Start by preparing the vinaigrette. In a small bowl, whisk together the olive oil, lemon juice, vinegar, honey, and garlic. Season with salt and pepper to taste.
2. Next, assemble the salad. In a large bowl, combine the lettuce, avocado slices, grated Parmesan, and sliced almonds. Drizzle the vinaigrette over the salad and toss to coat evenly. Serve immediately.

Ingredients

For the vinaigrette:

- ¼ cup olive oil
- 2 tbsp fresh lemon juice
- 1 tbsp golden balsamic vinegar or Champagne vinegar
- 1 tsp honey
- 1 clove of garlic, minced
- Kosher salt and freshly ground black pepper

For the salad:

- 8 cups chopped butter lettuce (2 large heads)
- 2 ripe avocados, pitted, peeled, and sliced
- ⅓ cup grated Parmesan cheese
- ¼ cup sliced almonds

Grocery List

Produce

- Lemon
- Garlic
- Butter lettuce
- Avocado

Grocery

- Olive oil
- Golden balsamic vinegar or Champagne vinegar
- Honey
- Almonds
- Salt
- Pepper

Dairy

- Parmesan cheese

Source:

Two Peas & Their Pod Cookbook by Maria Lichty